**PRESENT CONTINUOUS VS. PRESENT SIMPLE**

***PRESENT SIMPLE***

* Use the presente simple to talk about activities or routines which take place on a regular basic.

She gets up at 7 o’clock.

Where do you live?

* With Frequence Advers:

|  |  |
| --- | --- |
| **Always**  **Usually**  **Frequently/ Often/** (a menudo, con frecuencia)  **Sometime/Occasionally** | **Every Day**  **Normally**/**Generally**  **Never**  **Rarely/Seldon** -> |

We usually use then with the simple present tense and they describe how many times you do actions.

**Subject + F.A. + Verb**

I **never** go out

You **usually** arrive late

She **rarely** plays tennis

It **often** rains in England

You **occasionally** drink tea

**EXCEPTION**: **Subject + to be + F.A.:**

He isn’t **often** late

We’re **sometime** in a Harry

**Present continuous**:

**To be (contracted) + verb + ing**

Use the present continuous:

* To speak about what is happening at the present noment in time.
* Around the present noment.
* For a future scheduled event.

I am Reading ‘An Italian Affair’ this month.

They’re cooking dinner now.

She’s meeting with Jack Tomorrow.